

Client Interview Agreement

Thank you for your interest in the nutritional consultant program offered by Healthy Options & YOU. This interview is designed to provide a structured and detailed informational first session for both client and consultant in a positive setting. The objective of the first consultation is to gain an understanding of client nutritional goals, to gather information about any health issues, and to establish a suitable framework for working towards a healthy, nutritional lifestyle. While sharing some of your background and insights on your current nutritional lifestyle, you may receive some benefit by clarifying your health concerns and possibly formulating a decision to make a possible behavior change.

Any information gathered and shared during the sessions will be held in absolute and strictest confidence.

I, _____, have read and understand the above agreement.

Client Signature

Today's Date

Nutritional Consultant Signature

Today's Date